

Club North Volleyball Camps

Circle the Camp You Want to Attend

Camp 1

June 9, 10, & 11th
13 & 14 Years Old
Time: 2:30-4:30
Coach: Coach Ib
Deadline: June 5, 2015

Camp 2

June 24, 25, & 26th
9 thru 11 Years Old 12pm -2:30
12 thru 13 Years Old 3:00-5:30
Coach: Coach Trevor
Deadline: June 20, 2015

Camp 3

July 29, 30, & 31st
11 thru 13 Years Old 9am-12pm
14 thru 15 Years Old 1pm- 4pm
Coach: Karen
Deadline: July 22, 2015

All Camps will take place at the Club North Practice Facility: 5110 NW Waukomis Dr., Riverside, MO

This camp is open to all players needing to develop or enhance fundamental volleyball skills.

The cost is \$120 per player, and there is a limit of 28 players per session, so sign up EARLY!

The camp will consist in a combination of the following:

1. Players will be divided for training based upon experience, to allow for maximum attention to individual skill needs.
2. Focus will be on enhancing/teaching of effective form/technique for attacking, setting, passing, blocking and overall defensive ball control skills.
3. Upper level players can concentrate on particular skills sets-such as middle blocker/attacker position with setters, libero/ds/passing only position focus, outside/right side attacker position skills etc. Younger players can focus on all around skills.

Coach Ib -- former Pittsburg State University Head Coach and current Master Trainer for Club North where he began his coaching career at the inception of the club in the early 1990's. Coach Ib was a lead trainer/coach for both girls and boys teams in the early years of the club. He brings 17 years of collegiate coaching and more than 20 years of developing talents in the club and summer training camp environment to Club North.

Karen Gates -- has over 20 year's experience as a high school coach and club coach. Currently, she is the 18 National Head Coach for Club North. Prior to coaching, she grew up in Chicago playing high school and club volleyball. Karen continued her volleyball career on a 4 year scholarship to the University of Minnesota. Karen's goal is to teach young athletes the game of volleyball, both mentally and physically but also encourage personal development in a positive way.

Trevor Bash -- has 10 year's experience coaching recreational/club volleyball, along with private lessons and group trainings. He grew up in the Kansas City Northland area playing volleyball for Club North. Trevor has a love for the game and thoroughly enjoys teaching others. He is currently the Coach for the 12-1 Club North team.

Participants are slotted by "first-come, first-serve" until the slots are full. Act fast!

Name: _____

Birthdate: _____ Father's cell: _____

Phone: _____ Mother's cell: _____

Email: _____

Address: _____

City: _____

State: _____ Zip: _____

School: _____ Position: _____

Grade in Fall 2015: _____ Height: _____ Shirt Size: _____

Mail form with check to:

Patty Reynolds

6609 NW Valleyview

K.C., Mo. 64152

Parental Release/Hold Harmless Agreement:

I/We, the parent/guardian of _____ hereby give my/our permission for her participation in any and all activities of the volleyball camp. I/We do hereby waive, release, absolve, indemnify and forever discharge Coach Karen, Coach Trevor, Coach Ib, Staff, Club North Volleyball & KC Premiere Volleyball Directors, and M & M Beans from all claims for damages, injuries, or loss to a person or property which may be sustained during participation in training activities or while at the training site whether or not damages, injury, or loss is due to negligence. I/We understand that participation in this training program will require physical activities of a nature which could result in injury to participants. I/We further acknowledge that she/he is physically able to participate in training activities and hereby authorize her participation in the training program. I/We agree to allow my child to be treated by a certified athletic trainer or physician (if necessary), and to assume all costs related to such treatment.

Signature of Parent or Guardian: _____ Date: _____